

Testimonial from Louisa Lu, Yale School of Medicine

“I truly believe that *Salt in My Soul* will be a must-read for the medical community in general, and especially so for medical students, residents, and fellows. Mallory’s powerfully moving personal accounts of her brave battle with cystic fibrosis while crafting a thriving life in the face of her chronic illness will no doubt allow the young generation of physicians, the future of medicine, to gain in-depth, raw insight into the patient experience and inspire humanism in our interactions with future patients. Mallory wanted to leave a legacy that would help others understand and learn from her struggles with cystic fibrosis, living with chronic illness, loss, body image issues, depression, anxiety, and the emotional roller coaster of transplant. Her beautiful, courageous, and down-to-earth yet vivacious spirit shines through in her writing, and she documents her life with admirable and heartrending honesty.

I hope you will agree with me that Mallory’s spirit, which shines through in her writing, is truly one-of-a-kind and incredible, and I can think of no better person to share her life story and legacy than her equally-incredible mother, Diane (who happens to be a communications professional and a phenomenal public speaker).

I would love to work with you all to coordinate a medical campus-wide talk and tailor Diane’s talk to the topics that will be most pertinent to our Yale community. Mallory will forever inspire me in my day-to-day life as well as my medical career, and my wish is that we can all help to share her spirit and legacy with as many individuals in our Yale family as possible.”

Louisa Lu

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